

Pujas in February 2025

Sat 1	9 - 10.30am; 11.30am - 1pm & 3 - 4.30pm	Vajradhaka Burning Offering
Sun 2	9 - 10.30am; 11.30am - 1pm & 3 - 4.30pm	Vajradhaka Burning Offering
Mon 3	5 - 6pm	WFJ & Tsog
Tue 4	8 - 9.10am	HJ / WFJ with meditation
Wed 5	5.30 - 6.40pm	HJ / WFJ with meditation
Thu 6	7-8.15am	Guided Lamrim Meditation & Heart Jewel practice (Meditation on the preciousness of our human life.)
Fri 7	-	Centre closed
Sat 8	9-10.10am	HJ / WFJ with meditation
	2-3pm	Tara Prayers
Sun 9	2-3pm	Powa Ceremony (prayers for the deceased)
	5-6pm	Heart Jewel with meditation
Mon 10	4 - 5.45pm	Offering to the Spiritual Guide with tsog
Tue 11	8 - 9.10am	HJ / WFJ with meditation
Wed 12	5.30 - 6.40pm	HJ / WFJ with meditation
Thu 13	6.30 - 7am	Precepts (Please contact us to book)
	7-8.15am	Guided Lamrim Meditation & Heart Jewel practice (Meditation on Death).
Fri 14	-	Centre closed
Sat 15	5 - 6.10pm	HJ / WFJ with meditation
Sun 16	6 - 7pm	Heart Jewel with meditation
Mon 17	5-6pm	WFJ & Tsog
Tue 18	8 - 9.10am	HJ / WFJ with meditation
Wed 19	5.30 - 6.40pm	HJ / WFJ with meditation
Thu 20	7 - 8.15am	Guided Lamrim Meditation & Heart Jewel practice (Meditation on the Danger on Lower Rebirth)
Fri 21	-	Centre closed
Sat 22	10 - 11am	Prayers for World Peace
	11am - 4pm	Centre Cherishing Day
	5 - 6.10pm	HJ / WFJ with meditation
Sun 23	2 - 3.10pm	HJ / WFJ with meditation
Mon 24	5-6pm	WFJ & Tsog
Tue 25	8 - 9.30am	Offering to the Spiritual Guide with tsog
Wed 26	5.30 - 6.40pm	HJ / WFJ with meditation
Thu 27	7-8.15am	Guided Lamrim Meditation & Heart Jewel practice (Meditation on Going for Refuge)
Fri 28	-	Centre closed